**sample https proxy configuration(works with only** npm start dev mode**)**

{ "/angular": { "target": { "host": "github.com", "protocol": "https:", "port": 443 }, "secure": false, "changeOrigin": true, "logLevel": "info" } }

To my knowledge with Angular 2.0 release setting up proxies using .ember-cli file is not recommended. official way is like below

1. edit "start" of your package.json to look below  
   "start": "ng serve --proxy-config proxy.conf.json",
2. create a new file called proxy.conf.json in the root of the project and inside of that define your proxies like below  
   { "/api": { "target": "http://api.yourdomai.com", "secure": false } }
3. Important thing is that you use npm start instead of ng serve